



RiverBluff Sanctuary

115 RiverBluff Circle
Charlottesville, VA 22902

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Offering and Policy

Dear Friends,

I find comfort in knowing each of you is bringing your presence, kindness and compassion to our world. Here I am sharing my offerings and new Policies.

Fees and Session availability

Limited personal sessions are available. When I can, I am happy to support:

1. Students in my classes who need a private session
2. Babies, children and families who wish short term PPN/CST sessions
3. Clients I've seen in the past who wish a short term series

As part of my commitment to teaching, there will be times when students shadow me to observe and assist in person or Zoom individual sessions, with the client's permission.

I will see clients referred by therapists only when they remain in the therapists care and my PPN/CST (Pre and Perinatal/CranioSacral Therapy) sessions are an adjunct to their ongoing therapy. I am glad to be part of a team of therapists, creating Circles of Support. I am not taking long term therapy clients.

50 min session, by Zoom or in person, is \$130.00 plus \$50 for the assistant in training. Should you miss your appointment for any foreseeable reason without 24 hr notice, you will be charged for the session.

See my [website](#) to join upcoming classes and deepen your skills.

For referrals see my website, [resources page](#).

Health Safety

To be proactive for health safety we are doing what we can to ensure your and our wellbeing and are trusting you will do the same:

1. Shower the day of your appointment or group meeting.
2. Do not come if you experience any symptoms of illness (fever, cough, fatigue, shortness of breath, sore throat, etc). Call to reschedule the appointment free of charge or arrange to make up the class.

Directions to RiverBluff Sanctuary

Located at #115 RiverBluff Circle. Light green house on the right just past house #116 (the house numbers are not in order). When you arrive, walk through driveway and down the outside stairs on the left all the way to the ground level. Neighborhood has limited street parking. If the space in front of my house is open, you may park there. Take care to not block the neighbors driveway. If you need a space in the driveway, call (434) 906-4181.

For classes and sessions, fill out and email to me the following forms on my website

- Informed Consent
- Authorization for Release of Information
- Registration Form
- NCBTMB CE's Form (only if you would like continuing education credits)

I, _____ have read and agree with the policies described in this letter.

Signature: _____

Date: _____

We are honored to be part of your Healing Community

Janet Evergreen and the RiverBluff Sanctuary Teaching Team

