



**RiverBluff Sanctuary**  
115 RiverBluff Circle  
Charlottesville, VA 22902  
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## *RiverBluff Sanctuary Offerings and Policies*

*Dear Friends,*

I find comfort in knowing each of you is bringing your presence, kindness and compassion to our world. Here I am sharing my offerings and new Policies.

Limited personal sessions are available. When I can, I am happy to support:

1. Students in my classes who need a private session
2. Babies, children and families who wish short term PPN/CST sessions
3. Clients I've seen in the past who wish a short term series

As part of my commitment to teaching, there will be times when students shadow me to observe in person or Zoom individual sessions, with the client's permission.

I will see clients referred by therapists only when they remain in the therapists care and my PPN/CST (Pre and Perinatal/CranioSacral Therapy) sessions are an adjunct to their ongoing therapy. I am glad to be part of a team of therapists, creating Circles of Support. I am not taking long term therapy clients.

My current fee for a 50 min session, by Zoom or in person, is \$120.00. Should you miss your appointment for any foreseeable reason without 24 hr notice, you will be charged for the session.

*For referrals see my website, [resources page](#).*

During Covid 19, we are doing what we can to ensure your and our safety and are trusting you will do the same.

For those attending sessions or small groups follow this Covid 19 protocol:

1. Shower the day of your appointment or group meeting.
2. Do not come if you experience any symptoms of illness (fever, cough, fatigue, shortness of breath, sore throat, etc).
3. Call to reschedule the appointment free of charge or arrange to make up the class.

*Directions to RiverBluff Sanctuary:*

Located at #115 RiverBluff Circle. Light green house on the right just past house #116 (the house numbers are not in order). When you arrive, walk through driveway and down the outside stairs on the left all the way to the ground level. Neighborhood has limited street parking. If the space in front of my house is open, you may park there. Take care to not block the neighbors driveway. If you need a space in the driveway, call (434) 906-4181.

Please fill out and email to me the following forms as applicable:

- For Sessions: [Informed Consent & Authorization for Release of Information](#)
- For Classes: [All Classes Registration Form](#), [PPN Form](#), [Birthing Yourself Form](#)  
[NCBTMB CE's Form](#) (only if you would like CE credits)

I \_\_\_\_\_ have read and agree with the polices described in this letter.

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Signature

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Date

*We are honored to be part of your Healing Community  
Janet Evergreen and the RiverBluff Sanctuary Teaching Team*

