

RIVERBLUFF SANCTUARY

Exploring the Vagus System: *The Health That is Never Lost*

Saturday-Monday 9am-5pm, in person

Part 1: March 9-11; 18 CEs NCBTMB

Part 2: June 22-24; 18 CEs NCBTMB



Zapchen Support Group

Mondays 5:30-6:30pm, by Zoom

April 15-June 10 (no class May 27); 6 CEs NCBTMB

By donation to INEPE School, Quito, Ecuador

Biodynamic Approach to Craniosacral Therapy

Thursdays 9am-12pm, in person

Part 1: April 18, 25; May 2, 9, 16, 23; 18 CEs NCBTMB

Healing Arts and Ethics

Sundays 2-5pm, in person

April 21 & 28, 2024; 6 CEs NCBTMB



Birthing Yourself Process Workshops

Saturday-Monday 9am-6pm, in person

May 25-27, 2024 - HeartSong Sanctuary, Afton, VA

Sept 28-30, 2024 - HeartSong Sanctuary, Afton, VA

Oct 26-28, 2024 - HeartSong Sanctuary, Afton, VA

Dec 7-9, 2024 - HeartSong Sanctuary, Afton, VA

Free Community Meditation, by Zoom

Fridays 7:45-8:45am, recordings available